

# ASM: Adaptive Voice Stream Multicast over Low-Power Wireless Networks

Liqun Li, Guoliang Xing, *Member, IEEE*, Qi Han, *Member, IEEE*, and Limin Sun, *Member, IEEE*

**Abstract**—Low-power Wireless Networks (LWNs) have become increasingly available for mission-critical applications such as security surveillance and disaster response. In particular, emerging low-power wireless audio platforms provide an economical solution for ad hoc voice communication in emergency scenarios. In this paper, we develop a system called Adaptive Stream Multicast (ASM) for voice communication over multihop LWNs. ASM is composed of several novel components specially designed to deliver robust voice quality for multiple sinks in dynamic environments: 1) an empirical model to automatically evaluate the voice quality perceived at sinks based on current network condition; 2) a feedback-based Forward Error Correction (FEC) scheme where the source can adapt its coding redundancy ratio dynamically in response to the voice quality variation at sinks; 3) a Tree-based Opportunistic Routing (TOR) protocol that fully exploits the broadcast opportunities on a tree based on novel forwarder selection and coordination rules; and 4) a distributed admission control algorithm that ensures the voice quality guarantees when admitting new voice streams. ASM has been implemented on a low-power hardware platform and extensively evaluated through experiments on a test bed of 18 nodes. The experiment results show that ASM can achieve satisfactory multicast voice quality in dynamic environments while incurring low-communication overhead.

**Index Terms**—Low-power wireless networks, voice stream multicast, admission control.

## 1 INTRODUCTION

RECENTLY, using Low-power Wireless Networks (LWNs) for emergency response has gained increasing attention. In particular, the emerging low-power wireless audio platforms (e.g., Crossbow IMB 400 [1], SenEar [2], and Csiro [3]) have enabled the construction of critical ad hoc voice communication networks in many emergency situations such as rescuing miners trapped underground [4], [5] or survivors after an earthquake. In such scenarios, existing communication and power infrastructures are often destroyed, an ad hoc voice multicast system can help to deliver useful information from the base station to survivors. Such a system based on low-power audio platforms is beneficial due to its low cost and easy deployment. These platforms use small batteries as power sources and are typically equipped with low-power CPUs, low-bandwidth radios, and microphones/speakers. Because of the portability and low cost in comparison with

current 802.11 platforms, they can be massively installed in buildings or mines and provide multihop voice communication capabilities in emergency scenarios.

The feasibility of such systems has been demonstrated by several pilot system prototypes [5], [6]. However, a key shortcoming shown by these studies is that the number of *concurrent* voice streams that can be supported by multihop LWNs is extremely small. The reasons are two fold: first, the radio bandwidth is a stringently scarce resource in multihop wireless communication (typically 50-500 Kbps); second, the data rate of voice streaming is high (e.g., at least 24 *bps* in this work). For these reasons, only one voice stream can be active at any time in networks based on CC2420 radio [5] and typically two or three concurrent streams are supported in networks based on CC1100 radio [6]. Moreover, audio streaming over multihop LWNs often results in unsatisfactory voice quality because of significant loss on low-power wireless links. These limitations hinder the application of LWNs in the scenarios where robust voice communication must be maintained among users.

In this paper, we study the problem of multicasting voice streams from a source to *multiple* sinks over multihop LWNs, i.e., voice stream multicast. Voice multicast is an essential service in many emergency scenarios (e.g., communication among victims and between victims and rescue workers [4]). In emergency scenarios, the infrastructures may be destroyed. We envision that a number of low-power devices with voice communication capability are deployed in such areas to provide provisional voice communication service. In addition to their low unit cost, each node can be fully functional over a moderate period. By taking the advantage of broadcast nature of wireless medium, multicast can enable more concurrent voice streams. However, a key challenge is to simultaneously maintain the quality of

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multiple voice streams over lossy wireless links. Our test bed experiments show that the end-to-end loss rate of a multihop path must be lower than  $\sim 13$  percent in order to achieve acceptable voice quality. Moreover, various dynamics such as environmental noise and interference can easily render the voice quality unstable. On the other hand, although there are plenty of existing Quality of Service (QoS) assurance mechanisms designed for wired network, they are largely inapplicable due to the severely limited network bandwidth of multihop LWNs.

In this work, we develop a system called Adaptive Stream Multicast (ASM) for voice communication over multihop LWNs. ASM is a *multilayer* solution that are composed of several novel components specially designed to deliver robust voice quality for multiple sinks with minimum bandwidth usage.

1. ASM employs an empirical voice quality model to automatically evaluate the application-level voice quality perceived at sinks based on current network condition.
2. To mitigate the impact of lossy links on voice quality, ASM employs a transport-layer feedback-based Forward Error Correction (FEC) adaptation scheme to allow the source to dynamically adapt its redundancy ratio in response to the voice quality variation at sinks. ASM also uses several novel mechanisms to reduce the signaling overhead of FEC adaptation, filter the coding redundancy on a multicast tree, and account for the impact of bursty packet loss.
3. We develop a lightweight Tree-based Opportunistic Routing (TOR) that fully exploits the broadcast opportunities on a multicast tree based on novel forwarder selection and coordination rules.
4. ASM includes a distributed cross-layer admission control algorithm that prevents a new stream from violating the voice quality guarantees for existing streams.

The algorithm accounts for both link-level capacity induced by interference as well as transport-layer rate constraints from multiple voice streams. Moreover, it can be implemented in a fully distributed fashion.

To the best of our knowledge, ASM is the first work that systematically addresses the challenges of supporting quality-assured voice stream multicast over multihop LWNs. We have implemented ASM on SenEar, a low-power hardware platform that we developed for wireless audio communication. Our extensive experiments on a test bed of 18 SenEar nodes show that ASM can achieve satisfactory multicast voice quality in dynamic environments while incurring low-communication overhead. The rest of this paper is organized as follows. Section 2 reviews related work. In Section 3, we describe the system architecture of ASM. We discuss the design and implementation of ASM in Section 4. We offer experimental results in Section 5 and conclude the paper in Section 6.

## 2 RELATED WORK

Quality of service for multimedia applications has been extensively studied in the Internet community [7], [8]. For

instance, in [7], two widely used VoIP systems (i.e., Skype and Google talk) are analyzed from several aspects which includes codec selection, packetization, and loss concealment. However, these existing QoS mechanisms for wired networks are inapplicable to our problem due to the challenges in multihop LWNs such as severely limited network capacity caused by wireless interference. We now review three bodies of work related to this paper.

Recent work [6], [9] shows that packet loss has a more significant impact on the quality of voice streams than delay. Several studies [10], [11] integrated network coding with Opportunistic Routing (OR) to achieve reliable multicast in mesh networks. However, these solutions require packets to carry long code vectors and hence are ill-suited for the LWNs which have limited frame sizes. For instance, a code vector of 32 bytes adopted in [10] and [11] takes 50 percent of the maximum frame size of the CC1100 radio [12] or 25 percent of that of the CC2420 radio [13].

FEC is an effective loss mitigation scheme for multimedia streaming in both wired [8] and wireless networks [14]. Although adopting FEC for packet recovery is not new, we develop a novel feedback-based adaptation mechanism that dynamically adjusts coding redundancy ratio in response to the voice quality variation. Moreover, the existing FEC schemes do not explicitly exploit multicast to save network bandwidth usage. We present several mechanisms to reduce the signaling overhead of FEC adaptation and the coding redundancy on a multicast tree which will be discussed in Section 4.2.

Several systems have been developed for voice streaming in LWNs. In [15], Brunelli et al. evaluated the impact of several factors including delay, jitter, throughput, and packet loss on an 802.15.4 Zigbee test bed. In [5], a system was developed for voice unicast in sensor networks that achieves a global TDMA schedule via hardware-based time synchronization. In our previous work [6], we developed a system called QVS for voice streaming. This paper distinguishes from [6] and [5] in several key aspects. First, the systems in [5] and [6] are designed for a convergecast-based scenario where a small number of sources send voice streams to the base station while we focus on voice stream multicast from a source to a large number of sinks. Second, the main mechanisms described in this paper (e.g., adaptive FEC, opportunistic routing, and admission control) are specially designed to reduce network bandwidth usage for multicast, which are not studied in [5] and [6]. To our best knowledge, this paper is the first work that addresses the issue of voice stream multicast in multihop LWNs.

## 3 SYSTEM OVERVIEW

ASM has two main design objectives in mind: 1) the system should assure the voice quality of multiple sinks in face of dynamic link quality; and 2) the network bandwidth utilization should be minimized in order to support a large number of sinks.

The design of ASM is based on the assumption that a multicast routing tree has been built in the network (e.g., using several existing techniques such as the shortest path or Steiner tree [16], [17]). We also assume that the routing metric used is the Expected Transmission Count (ETX), which has

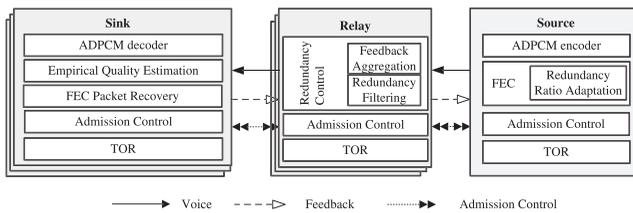


Fig. 1. The system architecture of adaptive voice stream multicast system ASM.

been widely adopted in wireless networks [17], [18]. In fact, our design does not rely on any particular routing metric assumption as long as there exists an approach estimating the link qualities among neighboring nodes. Usually, this is already provided by the routing protocol because most routing metrics are generated based on the link quality estimation. We assume that a buffer is maintained at each sink for mitigating the impact of interpacket jitter and packet disorder. Several existing schemes, such as [19], can be employed for buffer management.

Fig. 1 shows the architecture of ASM. In Fig. 1, the *source* samples and compresses raw voice data which are further encoded by FEC. The *relays* help to forward the voice stream to multiple *sinks* where the voice data are finally decoded. ASM features the following components that reside on multiple layers of network stack to ensure voice quality while minimizing the network bandwidth usage.

1. **Empirical voice quality modeling.** Every sink estimates application-level voice quality based on data loss rate and codec-specific characteristics. The estimation is sent back to the source and used by other components of ASM to achieve automatic online quality assurance.
2. **Adaptive FEC for multicast.** Relay nodes only forward the feedback information from the sink with the highest path loss rate. At the same time, the source applies an adaptive FEC scheme that can dynamically adjust coding redundancy ratio according to feedback. Moreover, relay nodes use a redundancy filter that drops over redundant voice packets received from upstream nodes before forwarding to well-connected sinks.
3. **Tree-based opportunistic routing.** To improve throughput and reduce bandwidth consumption, we develop a Tree-based Opportunistic Routing protocol. TOR can fully exploit the broadcast opportunities on a multicast tree based on novel forwarder selection and coordination rules.
4. **Distributed admission control.** A cross-layer admission control algorithm is designed to prevent new streams from violating the voice quality guarantees for existing streams. The algorithm can accurately estimate the available link-level network capacity in the presence of interference and also account for the transport-layer rate constraints of multiple voice streams.

All the four key components work as a whole to assure voice quality under channel dynamics. The voice quality model as well as the adaptive FEC scheme form a feedback loop to account for link quality variation. Meanwhile, TOR

exploits opportunistic transmissions to accommodate more sinks in the admission control process. We have implemented ASM on *SenEar*, a low-cost hardware platform designed for voice sampling and wireless communication in our earlier work [2]. The details of the *SenEar* platform are described in Section 5. ASM does not include a power management component as it is mainly designed for short-term emergency situations. For instance, a coal mine monitoring network only needs to operate for about a week when it is fully activated [5]. The system lifetime can be significantly extended by duty-cycling nodes. However, integrating ASM with duty-cycling protocols is left for future work.

## 4 DESIGN AND IMPLEMENTATION OF ASM

In this section, we present the details of each component in the ASM system and discuss how our design objectives are achieved via the interactions between the source, sinks, and relay nodes.

### 4.1 Voice Quality Modeling

Voice streaming in LWNs often suffers frequent quality variation due to network dynamics caused by unpredictable noise and interference. To maintain satisfactory voice quality, ASM employs a voice quality model to automatically estimate the current streaming quality and adjust system parameters accordingly. Mean Opinion Score (MOS) is a widely adopted subjective model that qualifies speech quality with a score between 1 and 5 given by a group of audiences. A voice stream with MOS of 4.0 or higher is considered satisfactory, while 2.6 or below is considered unacceptable. Although MOS has been shown effective in evaluating voice quality, it is subjective and hence cannot be used for automatic voice evaluation and control.

We adopt the E-model [20] for objective voice quality assessment in this work. In the E-model, a quantity called R-value is derived from delays and equipment impairment factors of a voice stream. The impact of delays can be effectively mitigated by using playback buffers at sinks. For instance, our experimental results show that a delay of 177.3 ms only decrease the voice quality by 4.26 percent. Therefore, the quality degradation due to delay can be safely approximated as a constant as long as the delay does not exceed a certain threshold. In particular, ASM is designed to satisfy moderate voice quality requirement and hence can tolerate an end-to-end communication delay up to several hundred milliseconds that can be easily achieved on multihop wireless networks. Therefore, in this work, we focus on modeling the impact of data loss on voice quality. The definition of our voice quality model can be found in Appendix A, which can be found on the Computer Society Digital Library at <http://doi.ieeecomputersociety.org/10.1109/TPDS.2011.196>. The key feature of this model is that it takes both the codec and the data loss rate as input and map them to a MOS value.

A MOS score of 2.6 is a reasonable lower bound on acceptable voice quality (also shown in [6]). Therefore, the *voice quality constraint* in our system is that  $MOS \geq 2.6$ . MOS values can be mapped to R-values according to the model in [20]. In our system, we choose 24 Kbps ADPCM

codec to compress the voice data for its moderate computation cost and good data loss tolerance (see Appendix A, which can be found on the Computer Society Digital Library). A MOS score of 2.6 corresponds to a data loss rate of 12.8 percent (referred to as  $L_{th}$  hereafter) for the 24 Kbps ADPCM codec. Therefore, the quality of a voice stream can be ensured if the end-to-end data loss rate is lower than  $L_{th}$ .

## 4.2 Adaptive FEC for Multicast

In this section, we first introduce the background on FEC, and discuss the design of feedback-based adaptive FEC for voice streaming. We then refine this FEC scheme to address special challenges raised by multicast, followed by an extension to the FEC scheme to handle bursty packet loss.

### 4.2.1 Coding Scheme Selection

A desirable feature of FEC is that only the source and sink nodes are active participants in the coding/decoding process while no processing is needed at the intermediate nodes. Typical FEC schemes mitigate packet loss by sending raw data packets together with additional *parity packets*. In particular, ASM employs the  $(n, k)$  systematic FEC code where a block of  $k$  data packets (output from the ADPCM codec) are encoded at the sender to generate a block of  $n$  ( $n \geq k$ ) encoded packets, including  $n - k$  parity packets. If the receiver receives any  $k$  packets in the block, it can recover the original  $k$  data packets. If less than  $k$  encoded packets are received, a fraction of the data packets can still be recovered. An important performance metric of FEC is the *redundancy ratio*  $\alpha$  defined as  $n/k$ . The higher the redundancy ratio is, the more the bandwidth would be consumed.

ASM adopts the Reed-Solomon (R-S) FEC code for its high capability of packet recovery and moderate computation power consumption. An optimized R-S encoder for low-computation power platforms may be found in [21]. For the convenience of discussion, we use *packet loss rate* (denoted by  $p$ ) to represent the raw loss rate of a network path while *data loss rate* (denoted by  $P_l$ ) to represent the actual data loss after recovering from coded packets received by the sinks. Assuming that the packet loss follows a Bernoulli process, the actual data loss rate after applying FEC can be described by the following function of  $n$ ,  $k$ , and  $p$  [22].

$$P_l = L(n, k, p) = p \left( 1 - \sum_{j=0}^{n-k} \binom{n}{j} p^j (1-p)^{n-j} \right). \quad (1)$$

Note that the (1) is derived under the assumption that packet loss follows a Bernoulli process. However, recent empirical results [23] show that packet losses on low-power wireless links often yield considerable burstiness. We have developed an empirical method to account for the impact of burst loss in the derivation of  $P_l$  which is discussed in Appendix B, which can be found on the Computer Society Digital Library. Using (1), the source node can calculate a proper  $n$  to meet the voice quality constraint while consuming the minimized bandwidth. Formally, the minimum  $n$  is calculated by

$$n_{min} = \arg \min L(n, k, p) \leq L_{th}. \quad (2)$$

Although the optimal coding parameter  $n$  can be determined based on the current path quality, the following issues remain to be addressed for voice stream multicast. First, wireless links suffer inherent quality variation, which makes the optimal coding parameter  $n$  highly variable. Therefore, the FEC scheme should adapt its coding parameters to meet the voice quality constraint in face of frequently changing link performance. To this end, the quality of voice streams received at sinks must be periodically fed back to the source for coding adaptation. Second, in order to ensure the voice quality of multiple sinks, the source must select the redundancy ratio based on the sink with the *highest* path loss rate. As a result, other sinks on the multicast tree with better end-to-end connection can receive excessive redundant coded packets leading to a waste of bandwidth. ASM employs several novel mechanisms to address the above challenges. First, we develop a lightweight feedback scheme for adaptive stream multicast based on implicit piggyback. The redundancy ratio at the source is adaptively adjusted based on real-time voice quality perceived by the sinks. Second, the relay nodes on each branch of multicast tree minimize the bandwidth consumption by filtering out redundant coded packets being forwarded on this branch while satisfying the quality requirement of the voice stream. The details of these two mechanisms will be shown in Section 4.2.2.

### 4.2.2 Feedback and Redundancy Filtering

In order to achieve automatic voice quality assurance, sinks monitor the quality of the received voice stream and send feedback to the source. We design an adaptive scheme where each sink maintains a sliding window containing the packet loss rates during the last  $s$  seconds. The sink calculates the mean packet loss rate during the last  $s$  seconds and then derives the required coding redundancy ratio  $\alpha$  according to (2). As a result, our feedback approach explicitly takes the voice quality into consideration. Moreover, in order to reduce the signaling cost, each sink sends feedback to inform the source only if the new calculated redundancy ratio is different from the previous one.

To reduce the network bandwidth usage, ASM further optimizes the feedback-based FEC using two mechanisms. First, it sends feedback to the source using an implicit piggybacking scheme. Specifically, sinks first send the feedback to their parents on the multicast tree. Then, upon receiving the feedback, the nodes piggyback it in the header of the data packets to be forwarded. Upper stream nodes obtain the feedback by overhearing the data packets from their child nodes. Moreover, as the sink with the *highest* data loss rate determines the coding redundancy ratio of source, the feedback from multiple sinks is aggregated at each tree junction node. In other words, only the feedback from the sink with the highest path loss rate is passed along the tree toward the source, while other smaller values are dropped during aggregation at intermediate nodes.

After receiving the feedback, the source determines the redundancy ratio  $\alpha$ , which is decided by two parameters  $k$  and  $n$ . A larger  $k$  is typically more robust to burst loss, but leads to higher computation and storage overhead. In our implementation, we preset  $k$  to 8. On SenEar nodes, encoding and decoding one parity packet takes an average time of 0.215 and 0.3 ms, respectively. The time increases with

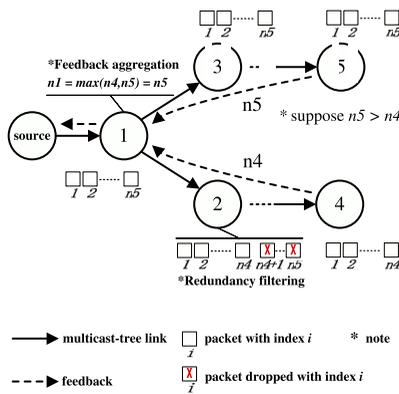


Fig. 2. Feedback aggregation and redundancy filtering. The coding parameters computed by  $node_4$  and  $node_5$  are  $n_4$  and  $n_5$ , respectively.

several factors such as the payload size and the parameter  $k$ . For any given packet loss rate  $p$ ,  $n$  can be derived offline using (2). In our implementation, the source initially sends the voice data with a default redundancy ratio 1.0, i.e.,  $n = k$ , and then adjusts it according to the feedback from sinks. Note that a large  $n$  may cause the total data rate to exceed the available network capacity. Therefore, we restrict  $n$  by an upper bound (12 in our implementation, corresponding to a redundancy ratio of 1.5).

Since the redundancy ratio is adjusted according to the sink with the highest path loss rate, it may result in bandwidth waste if relay nodes forward all received packets directly to better connected sinks. We introduce a *redundancy filter* to address this issue. Each junction node on the multicast tree maintains the highest redundancy ratio required by the sinks in the subtree rooted at it. Since  $k$  is fixed in our implementation, the nodes only need to maintain coding parameter  $n$ . Suppose the coding parameter maintained at a relay node  $i$  and the source are  $n_i$  and  $n_{src}$ , respectively. According to our discussion,  $n_{src}$  should be no smaller than  $n_i$ . Each packet in the same block is sent with an index from 1 to  $n_{src}$ . To filter out the redundant packets, node  $i$  will drop all packets with the index higher than  $n_i$ .

Fig. 2 illustrates the feedback aggregation and redundancy filtering using a five-node topology. Suppose the coding parameters computed by  $node_4$  and  $node_5$  are  $n_4$  and  $n_5$ , respectively. Assume that  $n_5 > n_4$  and  $n_5$  arrives at Node 1 first. As a result, when  $n_4$  is received by Node 1, it will be dropped as it has no impact on the coding redundancy ratio of the source that is determined by a larger value  $n_5$ . When Node 2 receives the data packets, it will drop all the packets with indexes in  $(n_4, n_5]$  as  $n_4$  packets are sufficient for achieving satisfactory voice quality at Node 4. In contrast,  $n_3$  cannot drop any packet as the voice stream is generated by the source according to the requirement of a downstream node ( $node_5$ ).

### 4.3 Tree-Based Opportunistic Routing

Opportunistic routing has been shown to be a promising technique to improve network throughput by exploiting the broadcast nature of wireless networks. In typical OR protocols, the sender broadcasts its data among the nodes that can overhear the transmission. Then, the node closest to the destination is selected to forward the data.

There exist a number of opportunistic routing schemes such as ExOR [26] and SOAR [27], [28]. However, to our best knowledge, none of them has addressed following issues specific to stream multicast over LWNs. 1) *Candidate forwarder selection*: unlike unicast, there are multiple sinks on a multicast tree. Therefore, selecting candidate forwarders by only considering the ETX from a relay node to the single sink will not work. A simple adjustment is to have the sender specify several candidate lists in the packet header for different sinks. However, this is not scalable for low-power platforms due to the frame size limitation. 2) *Coordination between forwarders*: When multiple forwarders overhear a transmission, only a subset of them should forward the packet to avoid duplicate transmissions. However, it is nontrivial to select the right subset and also coordinate the transmissions among them because this subset can have nodes on the paths to multiple sinks in the case of multicast.

The unique challenges described previously motivate the design of a new OR protocol called tree-based OR for stream multicast. TOR runs on top of a routing tree connecting the source to the sinks. We assume that each link chosen by the multicast tree or TOR is bidirectional although the ETXs in two directions may be different. We now discuss the design of TOR in detail.

*Candidate forwarder selection*. Denote  $e_i$  as the total ETX from the source to node  $i$ . The following constraints must be satisfied for node  $j$  to be eligible to be a candidate forwarder of node  $i$  in TOR: (C1) Node  $j$  is on the multicast tree; and (C2) the ETX from the source to node  $i$  and node  $j$  should satisfy  $e_i - e_j \leq \theta$  ( $\theta \geq 0$ ).

C1 ensures that only the nodes on the tree can be potential candidate forwarders. The intuition behind C2 is that a node farther away from the source is more preferable to be the candidate forwarder. C2 allows node  $j$  to be the candidate in two cases. 1) If  $i$  and  $j$  are on the same path from the source to a sink,  $j$  can be a candidate forwarder of  $i$  only if  $i$  is the ancestor or parent of  $j$  on the multicast tree. 2) If  $i$  and  $j$  are on different paths,  $j$  can be a candidate forwarder of  $i$  if  $j$  has a larger or comparable ETX from the source than  $i$  (as  $\theta$  is a small positive constant). Allowing to overhear from siblings (or uncles) improves reliability.

*Coordination between forwarders*. Eligible candidates that satisfy both C1 and C2 need to be coordinated such that the most efficient candidate will actually forward the packet. An ideal coordination rule should ensure that, *when candidates on a path from the source to a sink overhear the same transmission, the one closest to the sink should start the forwarding before any other candidate on the same path*. A key difference between ORs for unicast and multicast is that this rule must be ensured for *each path* in multicast despite the fact that a node may lie on multiple paths on the tree. In other words, multicast OR must account for the ordering of forwarding candidates on each path from the source to a sink.

With this in mind, we design an algorithm to enforce this rule in a distributed fashion. The implementation is based on adjusting backoff timer at each candidate. Generally, the duration of the backoff time at a candidate is set proportional to its ETX to the transmitter. The pseudocode of TOR is discussed in Appendix C, which can be found on the Computer Society Digital Library.

#### 4.4 Distributed Admission Control

Admission control determines whether a sink can be accommodated in the network while achieving satisfactory voice quality for all admitted sinks. Existing admission control algorithms designed for ad hoc networks [29], [30] do not support stream multicast with voice quality guarantee and hence are not suitable for ASM.

We assume that sinks request to join the multicast tree one at a time. This assumption is reasonable because the admission control process in ASM only takes several hundred milliseconds. The network capacity may be exceeded in two cases: first, when a new sink joins the network, the traffic load in one node's contention domain may increase if the node lies on the path from the source to the new sink or it is interfered by any node on the path. Second, the traffic load may increase if the source increases the redundancy ratio as requested by a sink. For the first case, ASM predicts the traffic load of each node. If the new load of any node exceeds the available bandwidth capacity, the admission of the new sink is denied. For the second case, each sink compares the voice quality before and after redundancy ratio adjustment. If the voice quality decreases with an increased redundancy ratio at the source, it implies that the network capacity may be exceeded leading to a high packet loss rate along the path. As a result, the sink will first leave the multicast tree and then request to join as a new sink. Our following discussion only focuses on the case that a new sink joins the network.

##### 4.4.1 Estimation of Local Capacity

An advantage of ASM is that the admission control is performed efficiently in a distributed fashion. A key step of the admission control algorithm is that each node checks whether the new total traffic load would exceed the available bandwidth if a new sink were admitted. We define the maximum bandwidth available at a node as *local capacity*. We first introduce two concepts used to estimate the local capacity, *contention domain* and *saturation rate* [31].

Contention domain of node  $i$  refers to the set of nodes who share the bandwidth with  $i$  (including  $i$  itself), i.e., whose transmissions interfere with  $i$ . The saturation rate is the maximum throughput observed at a receiver when all senders are within the contention domain of each other. Recent experiments on CC2420 CSMA MAC show that saturation rate could be a reasonable approximation of the local capacity [32]. The saturation rate is solely dependent on the number of nodes in a contention domain and hence it can be accurately measured. We conducted experiments with SenEar nodes to measure the saturation rate under various number of nodes. The measurement of the saturation rate can be found in Appendix D.1, which can be found on the Computer Society Digital Library.

##### 4.4.2 Admission Control Process

Let  $C(i)$  represent the contention domain of node  $i$ .  $B_i$  represents the local capacity of node  $i$  which only depends on the number of nodes within its contention domain (the mapping relation between the local capacity and the number of nodes in one contention domain can be found in Appendix D.1, which can be found on the Computer Society Digital Library).  $\lambda_i$  denotes the data rate of node  $i$

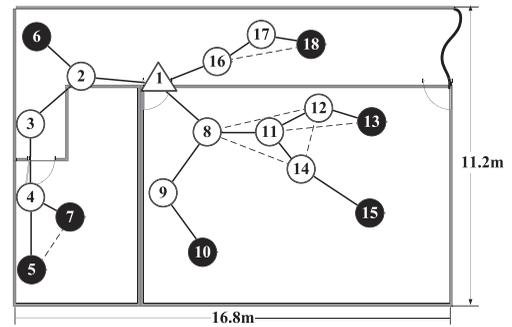


Fig. 3. A test bed with 18 SenEar nodes. Solid lines are the tree-edge links, while dashed lines are interference links. Node 1 (triangle) is the source node while the black nodes are sinks.

and  $\lambda_{C(i)}$  is the aggregated data rate of all nodes in  $C(i)$ . The *local capacity constraint* is then given as follows:

$$\lambda_{C(i)} = \sum_{j \in C(i)} \lambda_j \leq B_i. \quad (3)$$

The objective of admission control is to ensure that the local capacity constraint (i.e., (3)) for each node in the network should be met if the new sink is admitted. In ASM, a new sink joins the multicast by sending a *request* with a desirable data rate  $\lambda_{req}$  to the source. This  $\lambda_{req}$  is derived by accounting for several factors including raw data rate, path loss rate, and redundancy ratio, as discussed in Sections 4.1 and 4.2. Then, the request is forwarded along the path and each node interfered by the new stream checks whether its local capacity constraint is violated. The new stream is accommodated if and only if the local capacity constraints of all nodes interfered by the new stream are respected. To better understand the admission control algorithm, an illustration followed by a step-by-step description is included in Appendix D.2, which can be found on the Computer Society Digital Library.

## 5 PERFORMANCE EVALUATION

ASM is implemented based on the SenEar platform [2] developed for low-power voice communication. We evaluate ASM using an 18-node deployment in our lab. We set the MOS value of 2.6 as the threshold for an acceptable voice stream. The multicast tree is built by running a tree-based routing protocol where minimum ETX is used as the metric (shown in Fig. 3). The source generates a voice stream, which is sent to all sinks on the multicast tree. Nodes may be turned off in order to evaluate ASM on different topologies. We first evaluate the adaptive FEC scheme (Appendix E.2, which can be found on the Computer Society Digital Library), then the tree-based opportunistic routing (Appendix E.3, which can be found on the Computer Society Digital Library), and finally the distributed admission control (Appendix E.4, which can be found on the Computer Society Digital Library). Here, we only present the results on the adaptive FEC scheme for multiple sinks, and more details of our experiment setup and results can be found in Appendix E, which can be found on the Computer Society Digital Library.

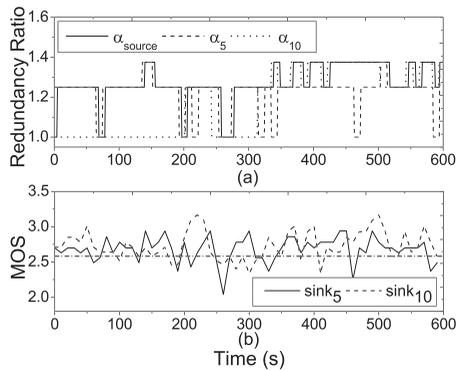


Fig. 4. Adaptation of redundancy ratio and its impact on voice quality. The dash dotted line in (b) represents the voice quality threshold.

The main design objective of adaptive FEC is that the source should adjust its coding redundancy ratio according to the feedback from all sinks. We use  $sink_5$  and  $sink_{10}$  to evaluate its performance on multiple sinks. We compute the required redundancy ratios at the two sinks based on their feedback information, and then record the actual redundancy ratio used by the source. Fig. 4a shows the three redundancy ratios. We can see that the source always adjusts its redundancy ratio according to the sink requiring higher redundancy (i.e., with higher packet loss rate), which is consistent with what we described in Section 4.2.2. Fig. 4b shows the corresponding voice quality at  $sink_5$  and  $sink_{10}$ , respectively. We can see the voice quality constraints for both streams are satisfied in most of the time.

## 6 CONCLUSION

In this paper, we develop the ASM system for voice communication over multihop LWNs. ASM is composed of several novel components specially designed to deliver robust voice quality in dynamic environments. Our extensive experiments on a test bed of 18 nodes show several advantages of ASM. The adaptive feedback-based FEC scheme allows the source to adapt its coding redundancy ratio dynamically based on the voice quality variation at sinks. The TOR protocol effectively explores the broadcast opportunities on a tree and saves network bandwidth usage, which leads to more concurrent sinks that can be supported. Finally, the distributed admission control algorithm accurately estimates the local network capacity and admits the maximum number of streams in our experiments.

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